

HEALTH

Pesticides: Washing your Clothing

If you work with pesticides, you know that their danger extends beyond the fields. The clothing you wore to work can hurt you and your family. Here's what you can do if your clothing may contain pesticides.

Hang clothing outdoors first to air.

Rinse. You can hose off the clothes, rinse them in a tub kept for that use, or use your washer's pre-rinse cycle.

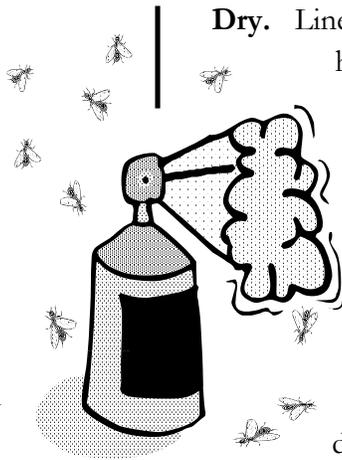


Pre-treat. Use heavy duty liquid detergent on clothes that may have pesticides on them before putting them

in the washer.

Wash. Be sure to wash clothing that may have pesticides on it by itself. Use heavy duty detergent and **HOT** water. Hot water removes more pesticide than cold.

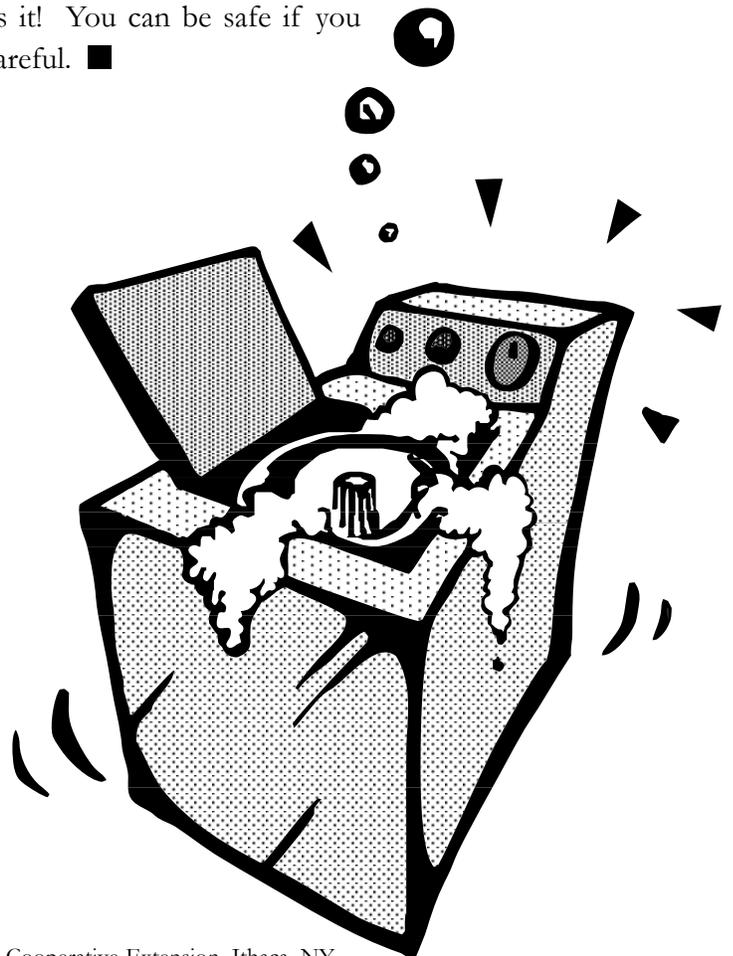
Rinse well.



Dry. Line dry if possible. Sunlight helps to break down chemicals. Also you will not get any pesticides in the dryer.

Clean out the washer to be sure no pesticides are transferred to the next load of wash. Run a cycle with hot water and detergent but no clothing.

That's it! You can be safe if you are careful. ■



Source:
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